

Gomaa Othman



Contact

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Gomaa Othman

Languages

- Fluency in English and Arabic speaker.

Summary

Associate professor of sports training - faculty of sports science - Zagazig university - Egypt, visiting professor at Karlsruhe of sports science and sports technology, Germany 2021-2022, consultant in sports training and health, expert in sports management, lecturer in many Egyptian universities and schools in field of sports and health sciences, have great experience in field of sports training for athletes and students, plan, training students for competitions, and oversee social events and sports activities for students, assisting students in developing an active lifestyle.

Skill Highlight

- Collaboratively with multinational teaching team
- Strong decision maker
- Creative and Energetic
- Creative Teaching
- Innovative
- Events Coordination

Experience

Associate Professor: 26-12/2022

Visiting Professor KIT, Germany: 2021-2022

Assistant Professor: 26-12/2017

Lecturer: 22-1 2014 to 26-12-2017

Teaching Assistant: 30-11-2010 to 22-1-2014

Faculty of Sports Science Zagazig, Egypt

- Member of the group for developing the physical education curriculum in private schools in Egypt 2020
- Member of the Brook bush Institute of Sports Science 2020.
- Member of Scientific Advisory Council of the International Association of Swimming Coaches (ISCA) 2020.
- Member of the Physical Education Curriculum Development Group at the University of Karlsruhe, Germany, 2022
- Member of the editorial board of the CPQ International Journal of Orthopedics, Kinesiology and Sports Injuries, Germany 2019.

Education

Ph.D of Sports Training and Physiology: **Effect of Lactic Levels and Anaerobic Threshold on Anaerobic Critical Speed and Level of Junior Speed Swimmers** - 2017, Z Uni.

Master's of Sports Training and Physiology: : **Effect of Lactic Levels and Muscular Strength on Level of Junior Speed Swimmers** - 2014, Z Uni.

Bachelor: **Sports Training** - 2010

Zagazig University, Egypt

Certifications

Personal Training (certificate): **ACE, ACSM, USA**

Sports Nutritionist (certificate): **ACE, USA**

Swimming coach(certificate): **FINA, ESF, ILS,ELS.**

TOT(certificate): **ASRT.**

Physiological analysis consultant (certificate): **KIT, Germany**